

Joy Cleaver, LMT, RYT 500  
The DAYA Foundation  
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Prenatal Intake

name \_\_\_\_\_ date \_\_\_\_\_

referred by \_\_\_\_\_

address \_\_\_\_\_

phone \_\_\_\_\_ email \_\_\_\_\_

occupation \_\_\_\_\_ birthday \_\_\_\_\_

emergency contact \_\_\_\_\_ phone \_\_\_\_\_

week of pregnancy \_\_\_\_\_ estimated due date \_\_\_\_\_

planned birth place \_\_\_\_\_ prenatal healthcare provider \_\_\_\_\_

I have had \_\_\_ pregnancies and \_\_\_ previous births. I am carrying \_\_\_ one baby \_\_\_ multiples.

Please mark past (p) or current (c) to any conditions that may apply to your experience in this pregnancy:

- |   |  |   |
|---|--|---|
| <input type="checkbox"/> Miscarriage                  | <input type="checkbox"/> Still Birth                           | <input type="checkbox"/> Ectopic Pregnancy      |
| <input type="checkbox"/> High Blood Pressure          | <input type="checkbox"/> Pain in Pubic Bone                    | <input type="checkbox"/> Restricted Breathing   |
| <input type="checkbox"/> Carpal Tunnel Pain           | <input type="checkbox"/> Breech Presentation                   | <input type="checkbox"/> Stiffness              |
| <input type="checkbox"/> Indigestion                  | <input type="checkbox"/> Heartburn                             | <input type="checkbox"/> Morning Sickness       |
| <input type="checkbox"/> Varicose Veins               | <input type="checkbox"/> Edema (Swelling in Hands and/or Feet) |   |
| <input type="checkbox"/> Sciatica/Piriformis Syndrome | <input type="checkbox"/> Communicable Disease                  | <input type="checkbox"/> Constipation/Gas       |
| <input type="checkbox"/> Anxiety/Depression           | <input type="checkbox"/> Uterine Abnormalities                 | <input type="checkbox"/> Placenta Praevia       |
| <input type="checkbox"/> Placental Abruption          | <input type="checkbox"/> Gestational Diabetes                  | <input type="checkbox"/> Threatened Miscarriage |
| <input type="checkbox"/> Pre-eclampsia                | <input type="checkbox"/> Heart Disease                         | <input type="checkbox"/> Anemia                 |
| <input type="checkbox"/> Difficulty Sleeping          | <input type="checkbox"/> Headaches/Migraines                   | <input type="checkbox"/> Leg Cramps             |
| <input type="checkbox"/> Low Blood Pressure           | <input type="checkbox"/> Dizziness/Fainting                    | <input type="checkbox"/> Allergies              |
| <input type="checkbox"/> Skin Disorders               | <input type="checkbox"/> Numbness                              |   |

Are you taking any medications, vitamins, supplements?

Please list any surgeries, accidents or major illnesses within the last five years.

Please list the information regarding any hospitalizations.

What do you do to relax?

What do you do to exercise?

What are the primary sources of stress in your life?

Where in your body do you hold stress?

In regard to previous pregnancies, what was your experience of pregnancy :

Labor & Delivery: \_\_\_ Vaginal Birth \_\_\_ Cesarean Birth \_\_\_ Premature \_\_\_ Induced Birth

Postpartum:

Breast-feeding:

Postpartum Depression/Anxiety :

Is there anything else you would like me to know about your health or pregnancy?

What are your current goals for massage?

## Informed Consent and Business Agreement

Full payment is due at the time of treatment. A cancellation must be made 24 hours in advance to avoid charges. You are responsible for half the cost of an appointment cancelled within 24 hours and full price of an appointment missed without cancellation. Payments must be made before receiving further treatment. In the case that you are using health or auto insurance to pay for a portion of your care in this office, arrangements may be made to omit payment and await reimbursement. We are often unable to predict these costs exactly, and may not know for 12 weeks up to 6 months after the date of service, once your company has processed the claim. By signing below, I accept financial responsibility for any outstanding charges that are not covered by my company and I authorize my provider, Joy Cleaver, LMT, to release my medical records relating to claim for benefits submitted.

The above information is accurate and true to the best of my knowledge. I understand that massage therapists do not diagnose disease, prescribe medications, or manipulate bones. I further understand that massage therapy is not a substitute for medical attention or examination. I take responsibility for alerting my practitioner to any physical, mental, or emotional changes that occur with my health. I hereby give my consent to receive therapeutic massage.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_